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**Heal Yourself**  
with  
**Dr. Scott Levine**



# Heal Yourself with Dr. Scott Levine

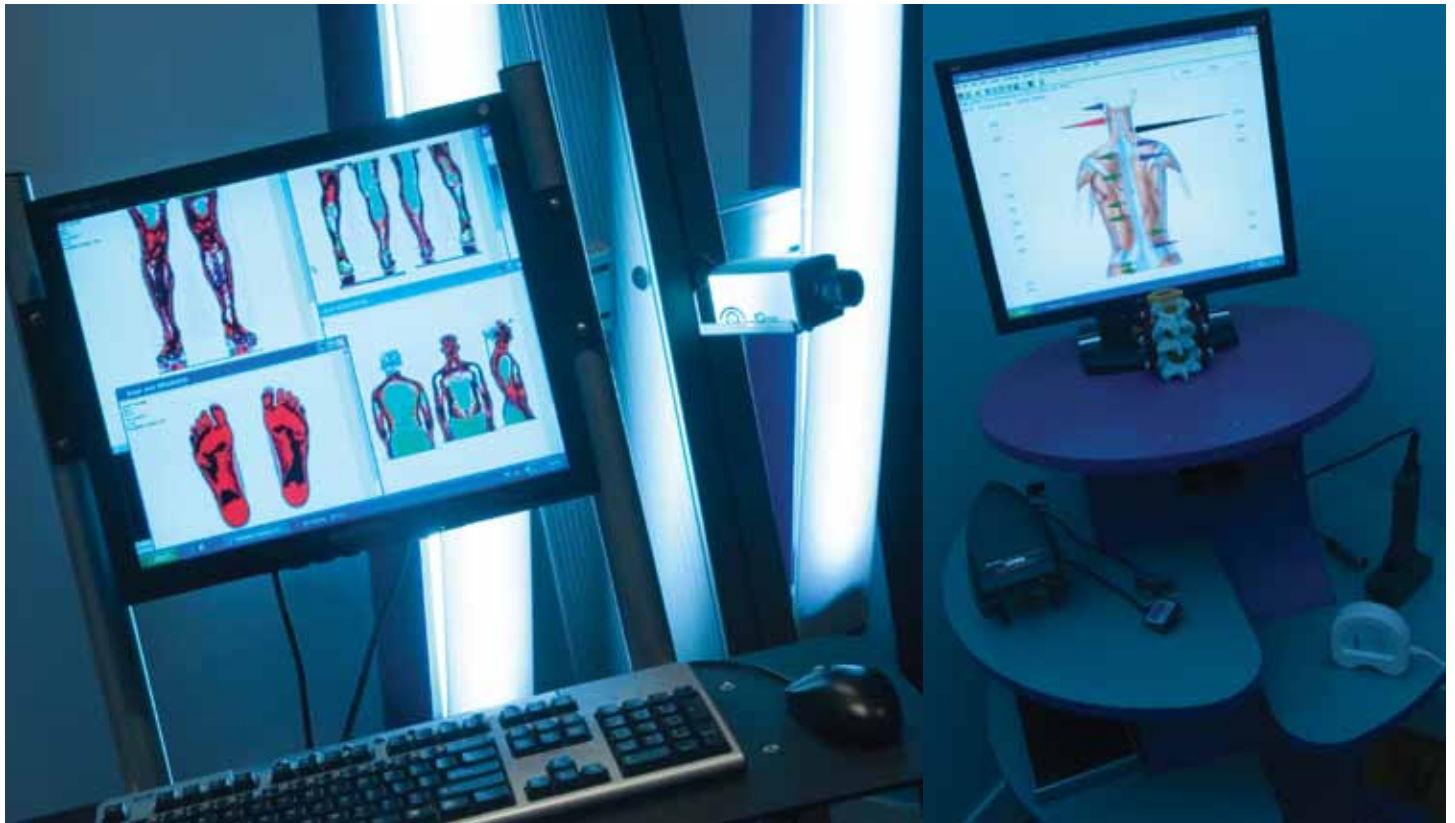
*By: Suzanne Sharma*

With a passion for his profession as a Chiropractor and a thirst to continue growing, Dr. Scott Levine proves that he is one talented individual. After ten years of managing his own business, which he began as soon as he had completed his education at The Toronto Canadian Memorial Chiropractic College, Scott still strives to increase his knowledge. A truly compassionate and sensitive person, Scott's goal is to increase the awareness of people by stating that, "Health is available without a prescription," and that living a balanced life which includes exercise, nutrition and chiropractic care will lead you towards wellness.

The key to his enthusiasm is purely the fact that Scott enjoys taking part in people's health. "I have seen miracles in my office everyday. People who have suffered for years from headaches, pain or even depression have had remarkable improvements."

Scott first decided to pursue a career as a Chiropractor when he herniated two discs in his lower back while studying for his Pre-Meds. After six long months of physiotherapy that were unable to provide sufficient results, he decided to see a Chiropractor and almost immediately was astounded by the philosophy and the hands on approach. It was then that Scott realized what his true calling was.

At his company, Vita Integrative Health Clinic, Scott offers a place where many diverse therapies can be taken advantage of. A client may see a Chiropractor, Massage Therapist, Naturopath or even a Traditional Chinese Medicine Doctor, in order to achieve faster healing. Some of Scott's past clients include celebrities like Gloria Steinman, Naomi Judd, Maya Angelo, Motley Crew and The Guess Who.



*The above two unique pieces of equipment, Biovision and Substation, help Dr. Levine see the affect of your posture and Nervous system stress on your overall health*

Additionally, the clinic possesses some of the most advanced technology in the business. Biovision Technology, for example, is used to assess any weaknesses in your feet since they are the foundation of your support. In fact, a great deal of the equipment that is used can't be found anywhere else in Canada, making Vita the most advanced alternative clinic in the country. "A business is successful when it exceeds the expectations of its clients. We strive to constantly update and improve our clients experience at Vita," says Scott.

Located at 1560 Yonge Street, at the main intersection of Yonge and St. Clair, Vita Integrative Health Clinic continues to grow as referrals bring in a whopping 90 percent of business. Scott and his business partner, Dr. Adam Bletsoe, share the same outlook for the clinic, which creates a synergistic healing environment. From details of music, to the colours chosen

and curved walls, Vita Clinic provides a place to heal and escape from the stress of the city.

An avid athlete who enjoys snowboarding, mountain biking, rollerblading, running and yoga, Scott knows what it's like to experience life's everyday aches and pains. By experiencing his own healing success Scott is more empathetic and able to help more people heal.

Currently, Scott teaches an online elective course and has had articles published in several magazines. He is also the fitness and health correspondent for the TV show

Toronto Living, where he is responsible for choosing the focus topic on a weekly basis. In the future, Scott hopes to have a full health TV show so that he may share his knowledge with the public. "My mission is to inspire, motivate and teach everyone that the body can heal itself." With an attitude like that, it's no question that this gifted Chiropractor will continue to flourish in his craft.

## **Dr. Scott Levine, DC** **Vita Integrative Health Clinic**

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